



experience shared.

## CAL SUNDAY RIDE

**Sunday, January 7, 2007**

**Destination:** Duarte's Tavern & Cafe in Pescadero

**Departure:** 9:00am

Dear Riding Friends,

Welcome to the January 2007 Shop Ride. We have a nice, rather short shop ride planned. As always, we will leave from the shop at 9:00, the shop will be open by 8:30. Mike Meissner, our General Manager, will lead this ride. Our destination is Duarte's Tavern on the coast.

This ride is suitable for beginners as well as for more experienced riders, on slow, two-lane, paved roads only. This is an easy and short ride loop and we'll be done by noon or so, but it is a beautiful ride and a great way to get your bike out for a nice Sunday ride and breakfast in these winter months. Looks like we will have favorable weather and that means you can extend your ride by heading north from Duarte's to Half Moon Bay or south to Santa Cruz if you feel like adding some miles!

This ride takes us to our destination via Page Mill, Skyline, Route 84 and Old Stage roads out toward the coast. As we come into San Gregorio, just before reaching the coast, we will make a left turn onto Old Stage Road which will take us to Duarte's at the intersection of Stage and Pescadero roads. Most of the route is made up of two-lane roads, tight and twisty, great for riding practice. Destination is Duarte's Cafe. (Duarte's telephone is 650-879-0464. We will have an early lunch at Duarte's. I will try and reserve the back room at Duarte's for our group. This will be the official conclusion of our ride.

After lunch you can choose from several ways home: Head over Pescadero/La Honda/84 to Alice's and back home, or north to Half Moon Bay on Hwy 1 and then 92 back over the hill. Another option is south toward Santa Cruz and the over the hill via Bonny Doon/Empire Grade/Big Basin (Hwy 9).

Start out with your tank full, your tires checked, with proper attire for the weather and a bike which is safe to ride. Be prepared to help your fellow riders with any problems on the road. The weather can be unpredictable, so be equipped to ride in the rain, cold & fog. It is no fun to ride when you are cold and wet. Ride within your safe limits; 75% of your comfortable maximum rate of speed at most. I also suggest that you practice the basic smooth-riding exercise of riding with minimal use of brakes, lots of engine-braking and maximum attention to smooth riding technique and proper line through the corners. Riding this way is a great skill-building exercise; it holds your attention and keeps your speed at a reasonable level. The skill set you learn at modest speeds is the same skill set that allow you to ride much more quickly on the track.

I hope you can join us. Have fun and be safe! [E-mail](#) or call me (650.966.1183) if you have any questions or concerns.

Best Regards,  
Kari Prager